

Securitzaci3 del WordPress

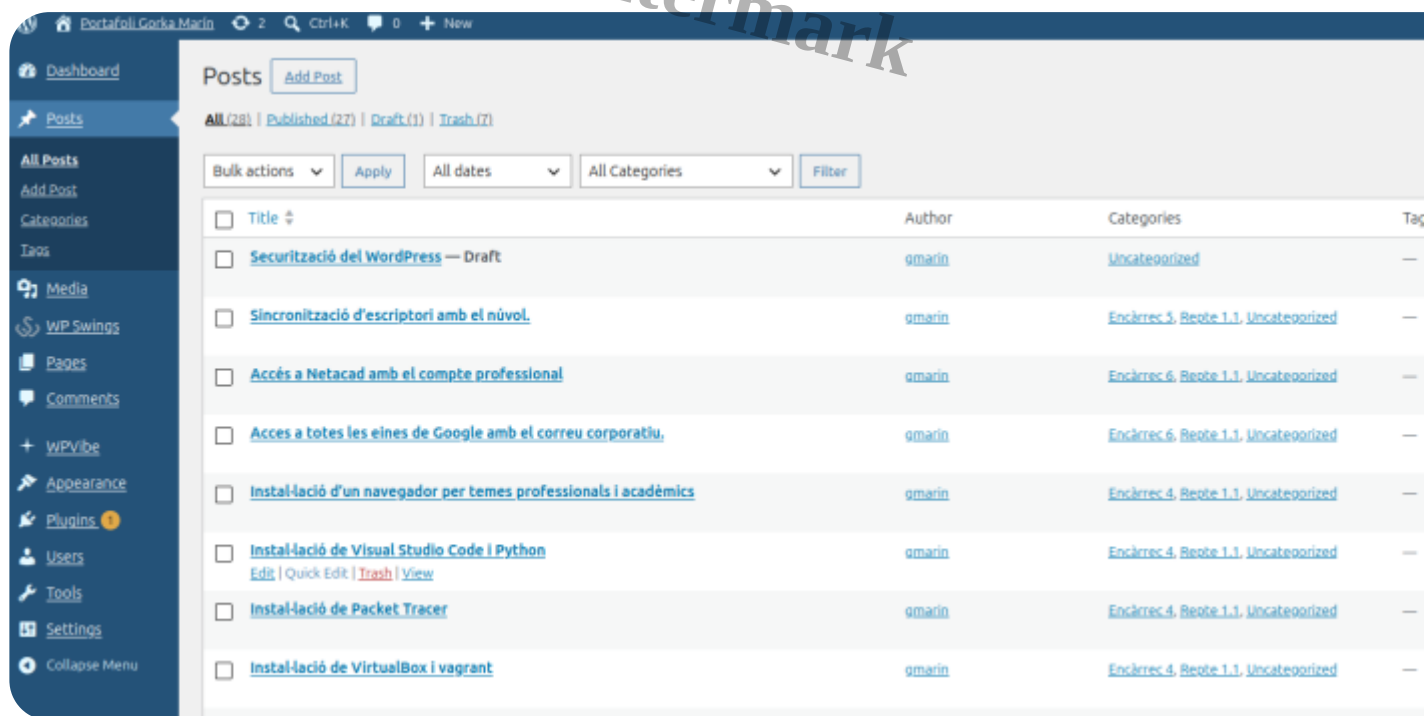
Description

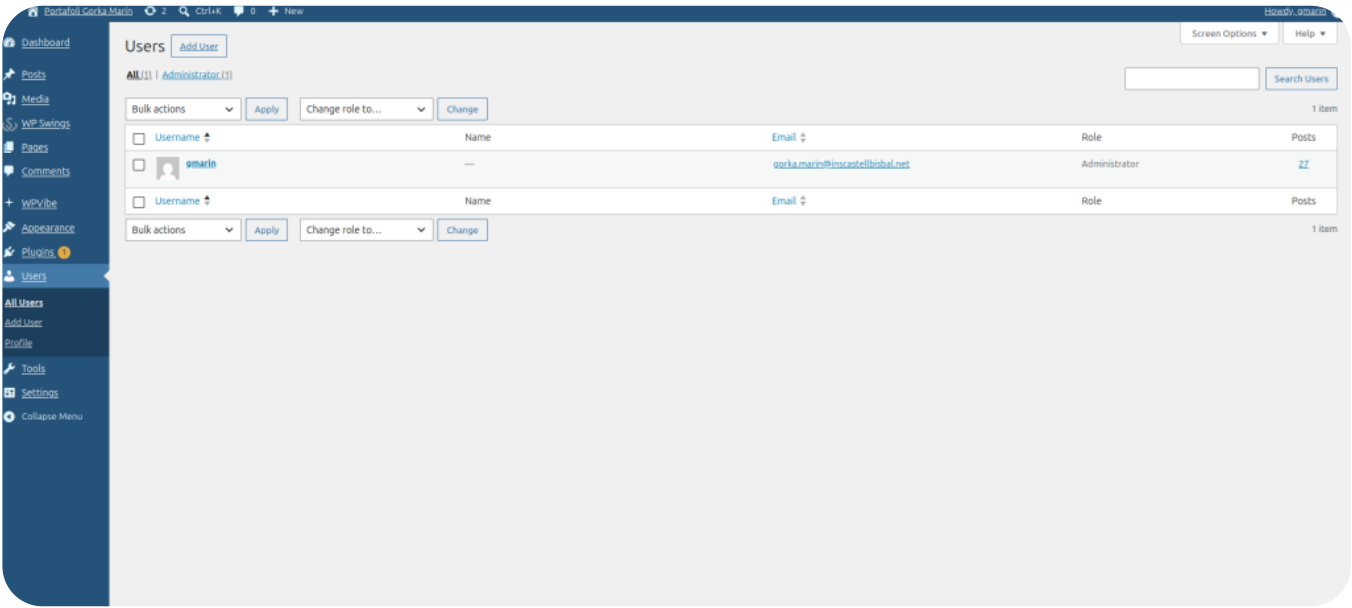
He creat la publicaci3 â Securitzaci3 del WordPressâ per documentar la tasca.

He revisat lâ apartat Users All Users i he comprovat que nomÃ©s hi ha un usuari amb el rol Administrador.

TambÃ© he revisat els plugins instalÂ·lats i he comprovat la configuraci3 de WP Swings, mantenint lâ opci3 â Enable Trackingâ desactivada.

Finalment, he comprovat la configuraci3 de lâ usuari i he documentat el procÃ©s amb captures de pantalla prÃ²pies, organitzant les evidÃ¨ncies dins del portafolis.





Username	Name	Email	Role	Posts
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Username	Name	Email	Role	Posts



[UpdraftPlus: WP Backup & Migration Plugin](#)

[Install Now](#)[More Details](#)

Backup, restore or migrate your WordPress website to another host or domain. Schedule backups or run manually. Migrate in minutes.

By [David Anderson / Team Updraft](#)



(8,672)

4+ Million Active Installations

Last Updated: 3 weeks ago

✓ **Compatible** with your version of WordPress

← Back

Step 1 of 6



Automate your backups

Automatically backup your site's files and database on a regular schedule. You can change these anytime.

Backup schedule ⓘ

Manual

Number of backups to keep ⓘ

2

−

+

[Skip this step](#)

[Save and continue →](#)

← Back

Step 2 of 6



Set up your remote storage

Backups are stored locally by default. Add remote storage for an offsite copy. You can change this anytime. (Premium users can send backups to multiple locations).

Backup destination(s) ✓

Select destinations ⓘ

Google Drive ▼

Connect to Google Drive ▼

Skip this step ⓘ

Save and continue

← Back

Step 6 of 6



You're all set

UpdraftPlus is ready to protect your site.

Go to settings

UpdraftPlus Backup/Restore



WP-Optimize

After you've backed up your database, we recommend you install our WP-Optimize plugin to streamline it for better website performance. [WP-Optimize](#)

[TeamUpdraft](#) | [Premium](#) | [Blogs](#) | [Twitter / X](#) | [Support](#) | [Newsletter sign-up](#) | [Lead developer's homepage](#) | [Documentation](#) | [More plugins](#) - Version: 1.26.8

- Backup / Restore
- Migrate / Clone
- Settings
- Advanced Tools
- Premium / Extensions

Next scheduled backups:

Files:

Nothing currently scheduled

Time now: Wed, October 14, 2026 12:06

Database:

Nothing currently scheduled

Last log message:

Working binary zip found: /usr/bin/zip (Oct 14 12:06:19)

Existing backups 0

More tasks: [Upload backup files](#) | [Rescan local folder for new backup sets](#) | [Rescan remote storage](#)

Aquí ha estat com he instal·lat aquest plugin de còpies de seguretat ja que m'ajudarà a seguir amb el meu WordPress i no perdre res.

Category

1. Encàrrec 7
2. Repte 1.1

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30/09/2026

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